



National Caregiver Coalition



The Opportunity: Caregiver Coalition

Health Leads is prioritizing the improvement of caregiver sustainability — a key issue highlighted by the caregiver community.

Caregiver sustainability is focused on addressing the overall health and well-being of caregivers, including their physical, mental, and financial health. We advocate for the health, dignity, and well-being of all caregivers, both family and direct service, formal and informal, paid and unpaid.

In May 2021, Health Leads co-sponsored the Caregiver Summit, a one-day virtual event that fostered learning and collaboration while driving action on key issues that impact all caregivers. This event was designed by caregivers for caregivers and included a range of experiences. The result was an engaged community of caregivers and caregiver advocates that recognized opportunities and challenges for their communities. Throughout the process, Summit design team members and summit attendees reaffirmed the priority of improving caregiver sustainability, in particular financial sustainability. For family caregivers, this should include paid leave and access to respite care so individuals aren't faced with deciding between caring for a loved one or working to provide for their family. For direct service caregivers, this should include making a thriving wage that includes benefits.

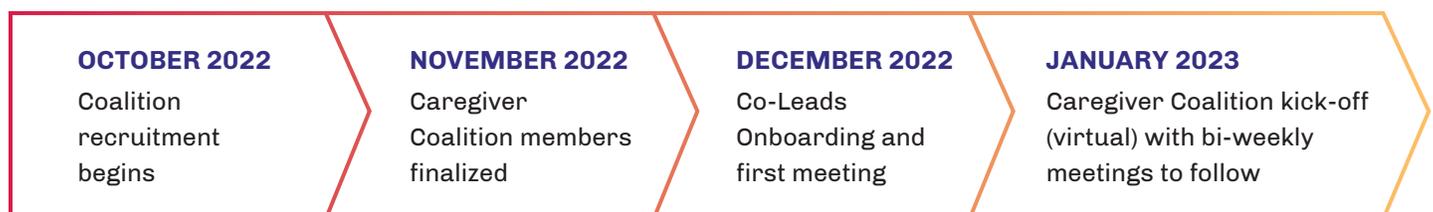
In response to these priorities uplifted by the caregiver community, Health Leads has developed the caregiver coalition.

What is the Caregiver Coalition?

The Caregiver Coalition is a group of caregivers, including institutional partners, that will have 14 months to collectively address key issues regarding caregiver stability that have been flagged by other caregivers who designed and/or attended the Caregiver Summit. Goals of the Coalition include:

- Creatively collaborate and work towards a solution
- Keep the broader caregiver community engaged and maintain excitement for the 2023 Caregiver Summit
- Leverage the summit to bring the community together and share progress made to date on coalition goals
- Help recruit and onboard new coalition members

Timeline & Key Milestones



Caregiver Coalition Roles & Responsibilities

Participants

Over a 14 month period, 10-12 members will collectively work towards one goal that moves financial sustainability forward.

- ♥ **Review pre-read materials** prior to meetings and come prepared for engaging in discussions, active listening, and respectful dialogue
- ♥ Attend the **virtual coalition meetings** (up to two a month)
- ♥ **Collaboratively work** towards an identified aim
- ♥ Contribute towards the **design** of the 2023 Caregiver Summit
- ♥ Time commitment: up to **4 hours per month**
- ♥ Coalition members will be compensated for their time

Two Co-Leads — one Family Caregiver and one Direct Service Caregiver

Co-Leads will work directly with the Health Leads team as thought partners and co-facilitate the coalition meetings (up to two). The co-leaders will share their expertise and lived experiences to help create meeting agendas, lead discussions, and decisions. Responsibilities will include:

- ♥ Contribute to the development of the **agenda and content** for coalition meetings
- ♥ **Co-facilitate discussions and decision-making** during coalition meetings — including speaking as a “leader” of the group when the conversation might get stuck, leading ice breakers, or facilitating/reporting out on smaller group discussions
- ♥ **Join debrief meetings with the Health Leads team** and share suggestions on how to create a meaningful and inclusive group structure
- ♥ Contribute to **coalition member management as appropriate** — which may include addressing a member's concern outside of a meeting or learning more about a member's role / experience as appropriate to help inform strategies
- ♥ Time commitment: up to **8 hours per month**
- ♥ Co-leads will be compensated for their time

Are you interested in learning more about the Caregiver Coalition?

We are looking for caregivers and institutional partners to join our coalition to work towards improving financial sustainability through collective action. If you identify with one of the following groups below and are interested in joining the coalition, you can apply [here](#).

Caregivers and those receiving care — examples include and are not limited to:

- ♥ Family Caregiver — care for a family member, friend, or neighbor
- ♥ Community Health Worker
- ♥ Promotora
- ♥ Doula
- ♥ Peer Support Specialist/ Recovery Coach
- ♥ Home Health Aide
- ♥ Individual being cared for
- ♥ Institutional Partners, examples include and are not limited to:
 - Healthcare System
 - Funder
 - Innovation (e.g., Start-up)
 - Policymaker/Advocacy
 - Health Plan



Apply now to join the 14-month collaborative.